**JESSICA MONAHAN**

Newark, Delaware

jlmonahan929@gmail.com

**Education**

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| *Ph. D. in Educational Psychology, Special Education*  **University of Connecticut** *Advisor:* Allison Lombardi, PhD  Dissertation: College and Career Readiness and Teacher Expectations of Students with and without Disabilities | 2020 |
| *Master of Arts in Special Education*  **University of Connecticut** | 2009-2010 |
| *Bachelor of Science in Special Education*  **University of Connecticut** | 2005-2009 |

**Certifications**

State of Connecticut, Special Education: Comprehensive, Grades K-12; Provisional License

**Invited Presentations**

**Monahan, J.** (2024, June 3). *Autistic college students: Current research and recommendations.* [virtual presentation]. Presented at the University of Illinois, Urbana-Champagne Computer Science Summer Teaching Workshops.

Hodges-Fulton, M.\*\* & **Monahan, J.** (2024, April 4). *Autistic college students and disclosure: Understanding student experiences and factors contributing to decision making.* [virtual presentation]. Presented at the Halfway to the Summit virtual conference.

**Monahan, J.** (2024, March 26). *Neurodiversity in the university classroom: Understanding mental health through a neurodiversity paradigm.* [webinar].Presented to faculty and staff at Syracuse University.

Panelist (2023, October 19). *Research Plenary on autism and higher education research facilitated by Dr. Brett Ranon Nachman*. Presented at the College Autism Summit.

**Monahan, J.** (2023, September 26). *ADHD: Lived experiences meet current research.* [presentation]. Presented to students at Emory University.

**Monahan, J.** (2023, May 25). *Understanding autistic college students mental health: Current research and recommendations.* [presentation]. Presented at Neurodiversity– Shifting Paradigms in Mental Health.

**Monahan, J.** (2023, May 25). *Supporting primary, secondary and tertiary education settings.* [panel member]. Presented at Neurodiversity– Shifting Paradigms in Mental Health.

**Monahan, J.** (2022, September 22). *ADHD: Lived experiences meet current research.* [presentation]. Presented to students at Emory University.

**Monahan, J.** & Fishbaugh, C., & Ackles, L. (2021, May 20). *Understanding autistic college students needs in the time of COVID-19.* [presentation]. Presented at College Autism Network Virtual Association of Scholars Meeting.

Panelist (2021, October 26): *Taking care of you: A research symposium on mental health and autism* *with Dr. Brett Ranon Nachman*. Presented at the College Autism Summit.

**Honors and Awards**

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| Outstanding Researcher on Autism in Higher Education, College Autism  Summit | 2021 |
| Lisa Pappanikou Glidden Scholarship, private scholarship | 2018 |
| Patricia L. Sitlington Emerging Researcher Award (3rd place), Division on Career Development and Transition | 2018 |
| Project NeXus Doctoral Fellowship, U.S. Department of Education | 2015-2017 |

**Peer Reviewed Publications**

Mazzotti, V. L., Morningstar, M. E., Lombardi, A., Raley, S., Rowe, D. A., Poppen, M., Reardon, K., Carlson, S., Unruh, D., **Monahan, J**., Rousey, J. G., Vicchio, J. N., & Test, D. W. (2023). The secondary transition fidelity assessment: Conceptualizing a fidelity measure with input from the field*. Career Development and Transition for Exceptional Individuals, 47*(2)*.* <https://doi.org/10.1177/21651434231163498>

**Monahan, J.**, Freedman, B., Singh, V., Kalb, L., & Edmondson, C.\*\* (2023). Initial validation of the Counseling Center Assessment of Psychological Symptoms- 62 for the autistic college population. *Measurement and Evaluation in Counseling and Development, 57*(1), 47-56. <https://doi.org/10.1080/07481756.2023.2170246>

Mazzotti, V. L., Morningstar, M. E., Lombardi, A., Kwiatek, S., Taconet, A., Buddeke, K., **Monahan, J**., & Harris, R. (2022). Policy and practice considerations to support college and career readiness for youth with disabilities: A systematic mixed studies review.*Journal of Disability Policy Studies, 34*(4), 278-289*.* <https://doi.org/10.1177/10442073221130528>

**Monahan, J.**, Lombardi, A., Madaus, J., Freeman, J., & Gelbar, N. (2022). Developing and validating the College and Career Readiness Teacher Expectation Survey for students with disabilities. *Career Development and Transition for Exceptional Individuals, 46*(2), 83-93*.* [https://doi.org/10.1177/21651434221116311](https://doi.org/10.1177%2F21651434221116311)

**Monahan, J.,** Freedman, B., Pini, K.\*\*, & Lloyd, R.\*\* (2021). Autistic input in social skills interventions for young adults: A systematic review of the literature. *Review Journal of Autism and Developmental Disorders, 10*, 1-21*.* <https://doi.org/10.1007/s40489-021-00280-9>

**Monahan, J.,** Ackles, L., Edwards, A., Freedman, B., Lubbers, P. W., Gardner, S., Fishbaugh, C., & Brown, J. T. (2021). College students on the autism spectrum and COVID-19: Anxiety, support needs and responses by specialized programs. *Developmental Disabilities Network Journal, 1*(2), 102-122. <https://digitalcommons.usu.edu/ddnj/vol1/iss2/11>

Carlson, S. R., Thompson, J. T., & **Monahan, J.** (2020). An analysis of state pre-employment transition services policies. *Journal of Vocational Rehabilitation, 52*, 43-59. [doi.org/10.3233/JVR-191059](http://doi.org/10.3233/JVR-191059)

Gelbar, N.W., Madaus, J. W., Dukes, L.L., Faggella-Luby, M., Volk, D.T., & **Monahan, J.** (2020).  Self-determination and college students with disabilities: Research trends and construct measurement.  *Journal of Student Affairs Research and Practice, 57*(2), 163-181.  <https://doi.org/10.1080/19496591.2019.1631835>

Lombardi, A., Rifenbark, G., **Monahan, J**., Tarconish, E., & Rhoads, C. (2020). Aided by extant data: The effect of peer mentoring on achievement for college students with disabilities. *Journal of Postsecondary Education and Disability, 33*(2), 143-154.

Lombardi, A., Rifenbark, G., Tarconish, E., Volk, D., **Monahan, J**., Buck, A., Izzo, M., & Murray, A. (2020). Main and moderating effects of an online transition curriculum on career readiness. *Career Development and Transition for Exceptional Individuals.* <https://doi.org/10.1177/2165143419900952>

**Monahan, J. L.**, Lombardi, A. R., Madaus, J.., Carlson, S. R., Freeman, J., & Gelbar, N. (2020) A Systematic Literature Review of College and Career Readiness Frameworks for Students with Disabilities. *Journal of Disability Policy Studies*, *30*(3), 131-140. <https://doi.org/10.1177/1044207320906816>

Lombardi, A. R., Dougherty, S. M., & **Monahan, J.** (2018). Students with intellectual disabilities and career and technical education opportunities: A systematic literature review. *Journal of Disability Policy Studies, 29,* 82-96. doi: 10.1177/1044207318764863

**Monahan, J.**, Lombardi, A. R., & Madaus, J. (2018). Promoting college and career readiness: Practical strategies for the classroom. *TEACHING Exceptional Children, 51(2), 144-154.* [*https://doi.org/10.1177/0040059918802579*](https://doi.org/10.1177%2F0040059918802579)

Lombardi, A. R., Izzo, M. V., Rifenbark, G. G., Murray, A., Buck, A., **Monahan, J.,** & Gelbar, N. (2017). The impact of an online transition curriculum on secondary student reading: A multilevel examination. *Career Development and Transition for Exceptional Individuals, 40*, 15-24. doi:10.1177/2165143416681287

**Invited Book Chapters**

Lombardi, A., **Monahan, J.,** & Morningstar, M. (2020). Integrating college and career readiness into transition education. In K. Shogren & M. Wehmeyer (Eds.). *Handbook of Adolescent Transition Education for Youth with Disabilities (2nd Edition).* New York, NY: Routledge.

**Monahan, J.** (in preparation). Neurodivergent college students and mental health: Unpacking barriers and exploring solutions.

**Manuscripts Under Review**

Hodges-Fulton, M.\*\* & **Monahan, J.** (submitted, in revision). Understanding autistic identity disclosure in higher education. Submitted to *Autism in Adulthood.*

**Grants**

*Submitted*

**Monahan, J.** (submitted June 2023).  Measuring Workplace Inclusion for Autistic Employees and the Connections to Mental Health. Submitted to the National Institutes of Health.

**Monahan, J.** (submitted June 2023). “I never would have known you were autistic”: Changing the narrative in college counseling centers. Submitted to the Organization for Autism Research.

*Received*

Freedman, B. & **Monahan, J.** (2021-2022). Managing Anxiety Symptoms for College Students with Autism Spectrum Disorder: A Feasibility Study. Sponsored by the Organization for Autism Research. Amount: $40,000 (Co-PI).

Freedman, B. & **Monahan, J.** (2020-2021). Examining the mental health of autistic college students. Sponsored by the National Research Consortium on Mental Health and Intellectual and Developmental Disabilities. Amount: $9,360 (Co-PI).

**Monahan, J.** (2019). College and Career Readiness and Teachers Expectations of Students with and without disabilities. Sponsored by the Division on Career Development and Transition. Amount: $1,000 (PI)

**Student Advisement and Supervision**

**Doctor of Education Advisor**

*University of Delaware, Newark, DE, Fall 2021 (student relocated)*

**Student:** Desirée Foster-Jackson

**Doctoral Committee Reader**

*Western New England University, Springfield, MA, Summer 2022*

**Students:** Hannah McGrath,Sally Nguyen

**Graduate Research Supervisor**

*University of Delaware, Newark, DE, Fall 2019- present*

**Current Students:** Annaliese Gandet

**Previous Student:** Cassidy Edmondson,Kelsey Baldwin, Kerry Pini

**Undergraduate Research Supervisor**

*University of Delaware, Newark, DE, 2020-present*

**Current Students:** Michaela Hodges-Fulton,

**Previous Students:** Sofia Mazza, Nicole Moldenhauer, Amy Hamilton, Olive Odida, Christina Sposato, Mia Zambrano

**Higher Education Teaching**

**Adjunct Instructor**

*University of Delaware, Newark, Delaware, Spring 2024*

Independent Study [in person], focus on Learning Disabilities in Higher Education

*University of Delaware, Newark, Delaware, Spring 2023, Fall 2023, Fall 2024, Spring 2024*

Teaching Exceptional Adolescents [in person]

*Landmark College, Putney, Vermont, Winter 2023-2024*

Academic and Cognitive Supports for Autistic Students [hybrid]

*University of Delaware, Newark, Delaware, Summer 2021, 2022, 2023*

Educational Evaluation: Exceptional Children and Youth[online]

*University of Delaware, Newark, Delaware, Fall 2021*

Education of Exceptional Children [online]

Educational Evaluation: Exceptional Children and Youth [online]

*University of Connecticut, Storrs, Connecticut, Spring 2020, Summer 2020, Spring 2021*

Policy, Law, and Ethics in Special Education [online]

*Southern Connecticut State University, New Haven, Connecticut, Spring 2018*

Early Childhood Special Education for the Exceptional Individual [f2f]

Basic Principles of Academic Assessment and Remediation for Exceptional Individuals [f2f]

**Full Time Instructor**

*Southern Connecticut State University, New Haven, Connecticut, 2018-2019*

Introduction to Exceptionalities [f2f]

Basic Principles of Academic Assessment and Remediation for Exceptional Individuals [f2f]

Teaching Exceptional Students in Secondary Education Classrooms [f2f]

Transition within Disability Services [f2f]

Student Teaching Supervisor [f2f]

**Guest Speaker/Lecturer**

*University of Connecticut, Storrs, Connecticut*

EPSY4120W: Fundamentals of Assessment in Special Education (Fall 2016)

EPSY 5119: Policy, Law, and Ethics in Special Education (Spring 2016 & Spring 2017)

**Teaching Assistant**

*University of Connecticut, Storrs, Connecticut*

EPSY 5140: Transition Planning for Students with Disabilities (Spring 2016, Spring 2018)

**Presentations**

**Monahan, J.** & Grelak, J. (2024, October 14). *Coaching Wheel Competencies: Assessment & framework for coaching autistic college students.* Presented at the College Autism Summit.

**Monahan, J.** (2024, May 30). *Neurodiversity and mental health: A holistic approach to supporting students.* Presented at the University of Delaware Summer Institute on Teaching.

Panelist (2023, October 19). *Research Plenary on autism and higher education research facilitated by Dr. Brett Ranon Nachman*. Presented at the College Autism Summit.

Hodges-Fulton, M.\*\* & **Monahan, J.** (2023, October 18). *Autistic college students and disclosure: Understanding student experiences and factors contributing to decision making.* [presentation]. Presented at the College Autism Summit.

**Monahan, J.** (2023, September 26). *ADHD: Lived experiences meet current research.* [presentation]. Presented to students at Emory University.

**Monahan, J.**  & Garton, W. (2023, May 31). *Understanding the autistic student experience at the University of Delaware.* Presented to faculty and staff at the Summer Institute on Teaching.

**Monahan, J.** (2023, May 25). *Understanding autistic college students mental health: current research and recommendations.* [presentation]. Presented at Neurodiversity– Shifting Paradigms in Mental Health.

**Monahan, J.** (2023, May 25). *Supporting primary, secondary and tertiary education settings.* [panel member]. Presented at Neurodiversity– Shifting Paradigms in Mental Health.

**Monahan, J.** (2023, March 3). *Examining the mental health of autistic college students: Implications for Secondary Special Educators.* [poster session]. Presented at the Council for Exceptional Children, Louisville, KY.

**Monahan, J.**, Shaw, C. (2022, October 14). *Research Symposium: Publish.* [conference session]. Presented at the College Autism Summit, Nashville, TN.

**Monahan, J.**, Garton, W., Anumi, A.\*\*, Arocho, M.B.\*\*, Myers, K.\*\* (2022, October 13). *Mental health concerns for autistic college students: Recommendations from an advisory board.* [conference session]. Presented at the College Autism Summit, Nashville, TN.

Edmondson, C.\*\* & **Monahan, J.** (2022, March 22). *Examining the mental health of autistic college students.* [conference session]. Presented at the National Association of Student Personnel Administrators, Baltimore, MD.

**Monahan, J.** & Freedman, B. (2021, October 27). *Anxiety and autism in higher education: Experiences of autistic college students.* [conference session]. Presented at the College Autism Summit.

**Monahan, J.,** Freedman, B., Edmondson, C.\*\* & Pini, K.\*\* (2021, May 3-7). *Social skills interventions for young adults: Fitting into a neurotypical world?* [e-poster]. International Society for Autism Research.

**Monahan, J.** & Freedman, B. (2021, April 22). *Social skills interventions for young adults: Fitting into a neurotypical world?* [presentation]. Presented at College Autism Network Virtual Association of Scholars Meeting.

**Monahan, J.** (2021, March 12). *Preparing students on the autism spectrum for college: A panel of current college students on the spectrum.* [conference session]. Session presented at Council for Exceptional Children Convention.

**Monahan, J.,** Freedman, B., Garton, W., & Pini, K.\*\* (2021, March 11). *Understanding the needs of college students with autism.* [conference session]. Session presented at the 19th Annual Disability Symposium.

**Monahan, J.,** Lubbers, P., Freedman, B., Moldenhauer, N.\*\* (2020, December 7-9). *Social skills in higher education: Perspectives of autistic college students, neurotypical peers, and staff participating in PEERS for young adults.* [e-poster]. Association of University Centers on Disabilities Annual Conference.

**Monahan, J.** (2020, April 20). *Social skills in higher education for young adults on the autism spectrum.* [Junior Investigators Panel]. Autism Researchers Connect, Baltimore, MD. (conference canceled)

**Monahan, J.**, Freedman, B., Pini, K.\*\* (2020, June 16-19). *What students on the autism spectrum need from their universities and support providers* [conference session]. Postsecondary Training Institute, Baltimore, MD. (conference canceled)

**Monahan, J.,** Freedman, B., & Pini, K.\*\* (2020, May 6-9). *Student voice in creating autism support initiatives in higher education.* [e-poster]. International Society for Autism Research, Seattle, WA. <https://insar.confex.com/insar/2020/meetingapp.cgi/Paper/33617>

**Monahan, J.** & Freedman, B. (2019, October 25). Exploring options and supports for students on the autism spectrum in postsecondary education: Preparing students for success. Session presented at the 2019 Division on Career Development and Transition Conference. Seattle, WA.

Lalor, A. & **Monahan, J.** (2018, June 25-27). College transition: What do you mean it’s at least a 10-year process? Multi-day session presented at the Landmark Summer Institute. Putney, VT.

**Monahan, J.,** & Bellara, A. P. (2018, October 25). College and career readiness: An examination of secondary special educators’ self-efficacy. Poster presented at the 2018 Division on Career Development and Transition Conference. Cedar Rapids, IA.

**Monahan, J.** & Lombardi, A. (2018, October 25). Practical Strategies for Encouraging College and Career Readiness. Session presented at the 2018 Division on Career Development and Transition Conference. Cedar Rapids, IA.

**Monahan, J.**,Tarconish, E., McLaren, K., Lombardi, A., & Izzo, M. (2017, October 12). Implementation of an online transition curriculum: Does the instructional setting matter? Session presented at the 2017 Division on Career Development and Transition Conference. Milwaukee, WI.

**Monahan, J.**, Tarconish, E., Rifenbark, G., Lombardi, A., Rhoads, C., Mancini, T., & Alpert, B. (2017, April 19). Effectiveness and Implementation of Peer Mentor Programs for Students with Disabilities in Higher Education: Research to Practice. Poster presented at the Council for Exceptional Children Convention and Expo. Boston, MA

Lombardi, A., Izzo, M., McLaren, K., & **Monahan, J.**(2017, April 19). Making all students college and career ready through 21st century literacy skills. Session presented at the 2017 Council for Exceptional Children Convention and Expo. Boston, MA.

Lombardi, A., Izzo, M., **Monahan, J.** (2016) Information Technology (IT) Literacy: What is it? Why does it matter for transition? Session presented at the 2016 Division on Career Development and Transition Conference. Myrtle Beach, SC.

Lombardi, A., **Monahan, J.,** Brown, J., & Hazelton, K. (2016) EnvisionIT: An Online Transition Curriculum focused on College and Career Readiness. Session presented at the 2nd Annual Connecticut Secondary Transition Symposium. Farmington, CT

**Monahan, J**., & Lombardi, A. (2016) Career Readiness for Students with Intellectual Disabilities at the Secondary and Postsecondary Levels. Poster presented at the 6th annual Center for Behavioral Education and Research Symposium. Storrs, CT

**Monahan, J**, & Lombardi, A. (2016) Career Readiness for Students with Intellectual Disabilities at the Secondary and Postsecondary Levels. Poster presented at the 28th annual Postsecondary Disability Training Institute. Philadelphia, PA

**Monahan, J.**, & Lombardi, A. (2016) Career Readiness for Students with Intellectual Disabilities at the Secondary and Postsecondary Levels. Session presented at the 2016 Division on Career Development and Transition Conference. Myrtle Beach, SC.

Lowrey, A. & **Parlin\*, J.** (2011) Postsecondary Education for All Collaborative. Session presented at Louisiana Autism Spectrum and Related Disabilities (LASARD) Summer Institute. New Orleans, LA

**Parlin\*, J.** (2011) Teaching in the Community. Session presented at Louisiana Autism Spectrum and Related Disabilities (LASARD) Summer Institute. New Orleans, LA

**Webinars**

**Parlin\*, J.**, Marion, E., Lowrey, A., & Wilson, P. (2011) Universal Design for Learning: A Look into the Toolbox. Louisiana State University Health Sciences Center. New Orleans, LA

**Parlin\*, J.**, Marion, E., Lowrey, A., & Wilson, P. (2011) Universal Design for Learning: Low Technology Tools in UDL. Louisiana State University Health Sciences Center. New Orleans, LA

**Parlin\*, J.**, Marion, E., Lowrey, A., & Wilson, P. (2011) Universal Design for Learning: Using Cooperative Workgroups to Support UDL. Louisiana State University Health Sciences Center. New Orleans, LA

\* Indicates maiden name

\*\* Indicates a student at the time of the study or writing of the manuscript (graduate or undergraduate)

**Service**

Elected or Invited Positions

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| *Editorial Board Member, Neurodiversity- Invited* | 2023-present |
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| *Editorial Board Member, PLOS Mental Health- Invited* | 2023-present |
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| *Editorial Board Member, Career Development and Transition for Exceptional Individuals- Invited* | 2023-present |
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| *College Autism Summit, Research Symposium Committee- Invited* | 2022-present |
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| *Student Representative, Council for Exceptional Children (CEC) Program Advisory Committee- Invited* | 2018- 2021 |
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| *Student Representative,* *Representative Assembly Council for Exceptional Children (CEC)- Elected* | 2017- 2018 |
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| *Connecticut Community of Practice CORE Team- Invited* | 2016- 2018 |

Guest Reviewer

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| *American Journal of Orthopsychiatry* |
| *Association of University Centers on Disabilities Conference Proposals* |
| *Career Development and Transition for Exceptional Individuals* |
| *Community College Review* |
| *Division on Career Development and Transition Conference Proposals* |
| *International Journal of Developmental Disabilities* |
| *Journal of Autism and Developmental Disabilities* |
| *Journal of Inclusive Postsecondary Education* |
| *Journal of Learning Disabilities* |
| *Organization for Autism Research Grant Proposals* |
| *Remedial and Special Education* |

Conferences

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| *Postsecondary Disability Training Institute, Center on Postsecondary Education and Disability* | 2016 & 2017 |
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| *Center for Behavioral Education and Research Graduate Symposium* | 2018 |
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| *Northeast Positive Behavioral Interventions and Supports* | 2018 |
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| Committees |  |
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| *University of Delaware Disability Caucus* | 2024 |
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| *Neag School of Education Doctoral Studies Committee, Student Member* | 2018-2019 |
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| *Neag School of Education Doctoral Student Group, co-founder* | 2018-2019 |
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**Professional Experience**

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| University of Delaware | Newark, DE |
| *Research Manager,* Center for Disabilities Studies | 2019- present |
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| Landmark College | Putnam, VT |
| *Independent Contractor,* Qualitative Analysis Lead on Social Presence Online | 2018 |
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| University of Connecticut | Storrs, CT |
| *Graduate Research Assistant,* Center for Behavioral Education and Research | 2017- 2019 |
| *Graduate Research Assistant,* EnvisionIT Scaling Up Grant | 2015- 2018 |
| *Graduate Research Assistant,* Center on Postsecondary Education and  Disability | 2009-2010 |
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| Branford Public School District | Branford, CT |
| *Transition Program Coordinator,* Branford High School | 2014-2015 |
| *Special Education Teacher,* Branford High School | 2012-2015 |
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| Louisiana State University- Health Sciences Center | New Orleans, LA |
| *Project Coordinator,* Postsecondary Education for All Collaborative (PEAC) | 2011-2012 |
| Transition and Postsecondary Education for Students with Intellectual Disabilities  (TPSID) grantee |  |
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| Putnam Public School District | Putnam, CT |
| *Special Education Teacher,* Putnam High School | 2010-2011 |